Obesity and cancer

Obesidad y cáncer

To the Editor:

The recent report on obesity and cancer is very interesting [1]. Lusia et al. noted that “20% of all cancers could be prevented by obesity prevention and control strategies [1].” In fact, there are many reports focusing on the possible relationship between obesity and cancer. However, it is still a myth. Based on the present report in your journal, there can be a bias in it. The “average obesity” in the population studied comes from average values of both obese and non-obese groups and this cannot represent the individual. In fact, the assessment of risk should be obtained in a case control study based on comparing obese cases to non-obese ones. In addition, there are several types of cancers and the assessment of risk factors should be made for each specific kind of cancer.

To draw a conclusion as the one proposed in the present report seems to be too early.

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References


Nota del Editor: Esta carta fue enviada a la autora corresponsal aludida, sin obtener una réplica en el plazo pertinente.

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